Experience Chartwells.

## King's County Academy



		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Sept. 28 - Oct. 2	Spaghetti with Meatballs and Garlic Toast	Ham and Cheese Sub served with Fruit	Lean Hamburger Served with Carrots and Dip or Baked Potato Wedges	Fun Fuel Pack: Ham, Cheese and Crackers, Fresh Fruit and Mini Dessert	Pancakes Topped with Fruit and Served with Syrup
		Grilled Cheese Sandwich served with Homemade Chicken noodle soup	Breaded Chicken Fingers with Dip and Served with Baked Potato Wedges	Oven Baked Breaded Chicken Burger served with Carrot sticks and Dip	Pizza Bites Served with Baked Potato Wedges	Fresh Baked Garlic Fingers with Dip Served with Fresh Fruit
Week 2	Oct. 5-9	Freshly Tossed Pasta with Tomato Sauce and Cheddar Cheese served with Garlic Toast	Chicken Snack Wrap served with Fruit	Lean Cheeseburger Served with Veggies & Dip	Made to order Soft Beef Taco Served with Veggies & Dip	Pancakes Topped with Fruit and Served with Syrup
		Grilled Cheese Sandwich served with Fresh Fruit	Breaded Chicken Nuggets with Dip with Carrot Sticks or Baked Potato Wedges	Oven Baked Breaded Chicken Burger served with Carrot sticks and Dip	Pizza slice Served with Veggies and Dip	Fresh Baked Garlic Fingers with Dip Served with Fresh Fruit
Week 3	Oct. 12-16	Spaghetti with Meatballs and Garlic Toast	Ham and Cheese Sub served with Fruit	Lean Hamburger Served with Carrots and Dip or Baked Potato Wedges	Fun Fuel Pack: Ham, Cheese and Crackers, Fresh Fruit and Mini Dessert	Pancakes Topped with Fruit and Served with Syrup
		Grilled Cheese Sandwich served with Homemade Chicken Noodle soup	Breaded Chicken Fingers with Dip and Served with Baked Potato Wedges	Oven Baked Breaded Chicken Burger served with Carrot sticks and Dip	Pizza Bites Served with Baked Potato Wedges	Fresh Baked Garlic Fingers with Dip Served with Fresh Fruit
Week 4	Oct. 19-23	Freshly Tossed Pasta with Tomato Sauce and Cheddar Cheese served with Garlic Toast	Chicken Snack Wrap served with Fruit	Lean Cheeseburger Served with Veggies & Dip	Made to order Soft Beef Taco Served with Veggies & Dip	Pancakes Topped with Fruit and Served with Syrup
		Grilled Cheese Sandwich served with Fresh Fruit	Breaded Chicken Nuggets with Dip with Carrot Sticks or Baked Potato Wedges	Oven Baked Breaded Chicken Burger served with Carrot sticks and Dip	Pizza slice Served with Veggies and Dip	Fresh Baked Garlic Fingers with Dip Served with Fresh Fruit